

April Lunch Menu  
 Food Vendor: Aging True

\*\*\*\*\*Meal Reservations Required\*\*\*\*\*

Menu Prepared by Mandy Patrick, MS, RD, LD with Aging True, 4250 Lakeside Dr #116, Jacksonville, FL 32210

		1 Meatballs with Gravy Northern Beans Spring Vegetables Texas Bread Fresh Fruit 1% Milk	2 Glazed Ham Whipped Sweet Potatoes Lyonnais Green Beans Dinner Roll Oreo Cookie 1% Milk	3 Fish-A-Thon at Hanna Park  Centers Closed
6 Teriyaki Meatballs Parslied Rice Green Peas Wheat Bread Fruit Cup 1% Milk	7 Chicken Rice Casserole Lima Beans Garden Vegetables Dinner Roll Fruit Cup 1% Milk	8 Italian Macaroni Corn Carrots Wheat Bread Fresh Fruit 1% Milk	9 BBQ Chicken Whipped Potatoes Green Beans Hamburger Bun Fruit Cup 1% Milk Pickle Slices	10 Hamburger Pinto Beans Lettuce/Tomato Hamburger Bun Fresh Fruit 1% Milk Mustard/Ketchup
13 Swedish Meatballs Rotini Noodles Green Beans Dinner Roll Fruit Cup 1% Milk	14 Chicken Taco Pinto Beans Mexican Rice Lettuce/Tomato Shredded Cheese Tortilla Fresh Fruit 1% Milk	15 Sloppy Joe Delmonico Potatoes Summer Vegetables Hamburger Bun Fresh Fruit 1% Milk	16 Garlic Rosemary Chicken Northern Beans Okra and Tomato Texas Bread Fresh Fruit 1% Milk	17 Pork Sausage Lima Beans Cabbage Hot Dog Bun Fresh Fruit 1% Milk Mustard
20 Chicken Noodle Casserole Peas and Carrots Green Beans Dinner Roll Fruit Cup 1% Milk	21 BBQ Pork Rib Patty Whipped Potatoes Garden Vegetables Dinner Roll Fruit Cup 1% Milk	22 Meatballs in Spaghetti Sauce Penne/Tomatoes Tuscany Vegetables Dinner Roll Fresh Fruit 1% Milk	23 Creamy Paprika Chicken Rice Green Peas Wheat Bread Fresh Fruit 1% Milk	24 Hamburger Pinto Beans Corn Hamburger Bun Fresh Fruit 1% Milk Mustard/Ketchup
27 Chicken Fried Rice Dill Carrots Japanese Vegetables Dinner Roll Fruit Cup 1% Milk	28 Pork Sausage Black-eyed Peas Cabbage Hot Dog Bun Fruit Cup 1% Milk Mustard	29 Hamburger Steak and Gravy Whipped Potatoes Spring Vegetables Dinner Roll Fresh Fruit 1% Milk	30 Smothered Chicken Mixed Beans Parslied Carrots Dinner Roll Fresh Fruit 1% Milk	April is Stress Awareness Month and Parkinson's Awareness Month

Menu Approved by Sharon M Lutheran, MSH, RDN, LDN Date of Approval: March 3, 2026