



Community

Hours of Operation:
Monday - Friday 8 a.m. - 5 p.m.
Saturday and Sunday are available for rentals on a first-come, first-served basis.

Cecil Community Center offers friendly staff and diverse programming. The facility includes a spacious multi-purpose room and classrooms to accommodate meetings and events of various sizes.

Activities evolve seasonally. Annual programs include:

- Homeschool Recreation
- Senior Coffee Time
- Mommy and Me

Other programs vary and may include classes such as yoga, aerobics, Pilates and Zumba.

Annual events include the Valentine's Day Breakfast for Seniors in February and Holiday Celebration in December.

Some programming fees apply.

Gym and Fitness

Hours of Operation:
Monday - Friday 7 a.m. - 8 p.m.
Saturday - Sunday 9 a.m. - 6 p.m.

Cecil Gymnasium and Fitness Center offers a number of ways to stay fit and active. The facility includes a full-size gymnasium, workout rooms with free weights, Nautilus and cardiovascular equipment, racquetball courts, saunas and shower areas.

Programs include personal training, senior aerobics and summer youth sports camps.

Racquetball courts and gymnasium are available for open play.

Visitors must be at least 13 years old to use the gymnasium and 16 years old to use the weight and cardiovascular rooms.

The facility hosts several annual events, including the Cecil Racquetball Tournament in spring and fall and the Cecil March Madness Tournament.

Membership fees apply.

Aquatics

Hours of Operation:
Monday - Thursday 8 a.m. - 8 p.m.
Friday 8 a.m. - 6 p.m.
Saturday 9 a.m. - 6 p.m.
Sunday 1 - 6 p.m.

The center is closed noon to 1 p.m. Monday through Saturday for pool maintenance.

Cecil Aquatic Center, adjacent to the community center, provides opportunities to swim year-round. The facility includes an Olympic-size pool and a smaller instructional pool to allow for a variety of activities.

Aquatics programs include:

- aqua aerobics
- master swim team
- youth swim team (summer only)
- stroke clinics
- lane rentals

Year-round swim lessons include:

- Aqua babies 6 - 36 months
- Aqua tots 3 - 5 years
- Youth 5 - 12 years
- Adult 13 and older

Extras

The Cecil Fast Pitch Softball Complex offers four softball fields for play. The quadraplex is fully lit and includes a concession stand. A permit is required to use the facility. Call (904) 573-3157 for information.

Lake Fretwell adult softball fields are available during daylight hours Monday through Sunday. Pavilions are also available for use with a permit. Call 778-5498 for information on fees and reservations.

Cecil Recreation Complex offers rental opportunities at two locations. Lake Newman Center can accomodate up to 100 people. Cecil Community Center can accomodate up to 225 people. Call (904) 573-3157 for information on fees and reservations.

... for More Fun!

Cecil Recreation Complex

Sports

- basketball
- softball
- tennis
- racquetball
- tournaments

Fitness

- free weights
- Nautilus equipment
- cardio equipment
- senior fitness
- personal training
- group classes



Cecil Recreation Complex

Cecil Community Center
13611 Normandy Blvd.
Jacksonville, FL 32221
(904) 573-3157

Cecil Aquatic Center
13611 Normandy Blvd.
Jacksonville, FL 32221
(904) 573-8994

Cecil Gym and Fitness Center
13531 Lake Newman Drive
Jacksonville, FL 32221
(904) 778-5498

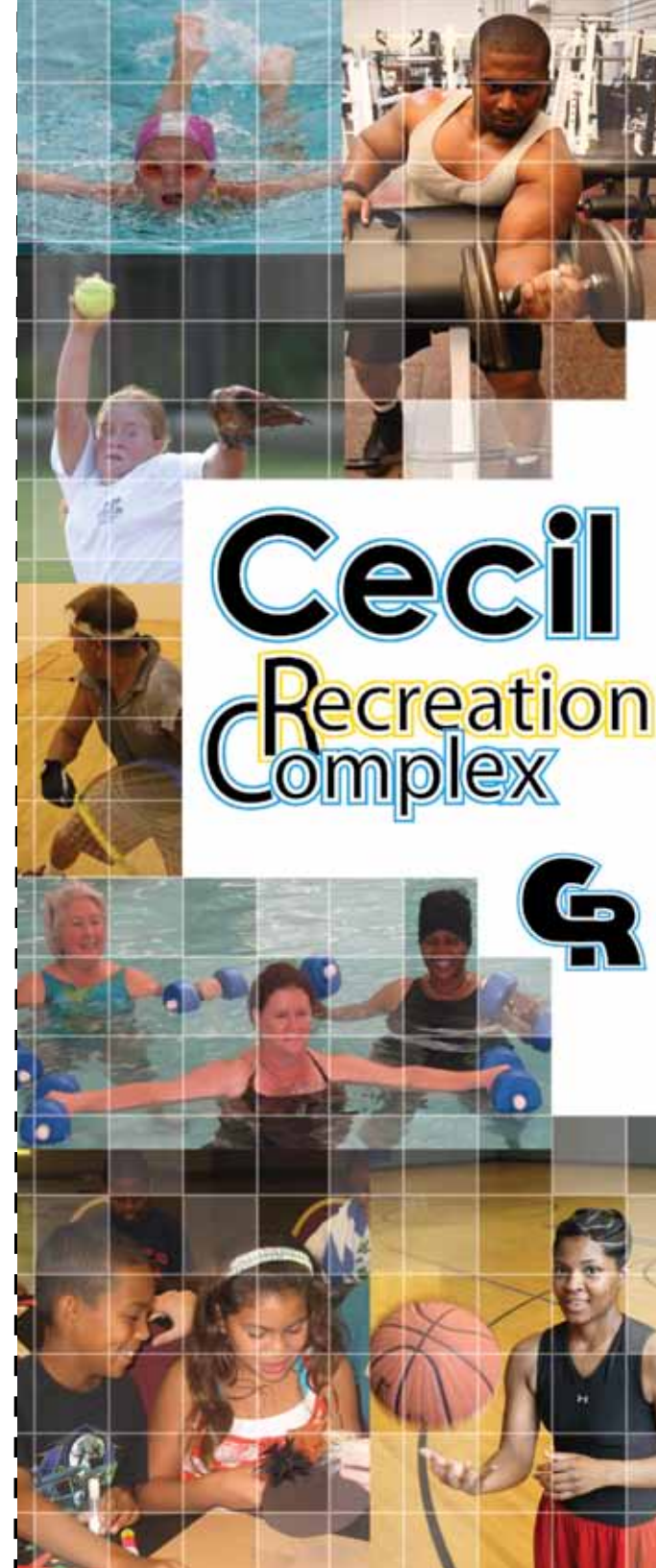
JaxParks Administrative Offices
214 N. Hogan St., Third Floor
Jacksonville, FL 32202
(904) 630-CITY

www.jaxparks.com

www.coj.net

JaxParks is a part of the
City of Jacksonville
Department of Recreation and
Community Services.

jaxparks.com



Opportunities . . .

Community

- neighborhood events
- youth programs
- senior programs
- homeschool recreation
- community classes
- rental facilities

Aquatics

- swim lessons
- aqua aerobics
- swim team
- master swim
- free swim

