Citrus Vinaigrette (Serves 8)

Ingredients:

- 1/2 small shallot, quartered
- 1 teaspoon orange zest
- ¼ cup orange juice, preferably freshly squeezed
- 2 tablespoons lemon juice
- 2 teaspoons Dijon mustard
- 1/2 teaspoon salt
- 1/2 teaspoon ground pepper
- ¼ cup extra-virgin olive oil

• ¼ cup neutral oil, such as canola or avocado

Directions:

Combine shallot, orange zest, orange juice, lemon juice, mustard, salt, and pepper in a blender or mini food processor. (Alternatively, combine in a jar and use an immersion blender.) Add olive oil and canola (or avocado) oil; blend until smooth.



Recipe courtesy of Eatingwell.com; for nutritional information click here.

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