

## **Mayor's Young Leaders Advisory Council (MYLAC) – Meeting Minutes**

Date: December 6, 2025

Time: 2:30 p.m. – 5:30 p.m.

Location: Goodwill Corporate Office

Secretary: Nevaeh Gantt

### **Attendance**

Karthik Ancha, Jasamine Augustin, Adyson Berry, Khamoni Cosby, Nadia Darity, Danali Davenport, Nevaeh Gantt, Chadrick Hicks, Laila Johnson, Arnav Kakaveti, Marquez Kemp, Lucky Massa, Caleb McLendon, Bacari Morrell, Jai Patel, Phoenix Pollar-Jones, Kamryn Robinson, Eriana Sampson, Malia Sannoh, Jerome Smith, Mihir Sonthi, Erica Truong, Kobe Weaver

### **2:30–2:32 p.m. — Meeting Called to Order**

Led by Zachary Brown. Zachary opened the meeting and welcomed members.

### **2:32–2:35 p.m. — Agenda Review & Roll Call**

Agenda Review: Zachary Brown

Roll Call: Nevaeh Gantt

Agenda approved with no changes.

### **2:35–3:00 p.m. — Upcoming Events**

Members reviewed upcoming dates:

- Next MYLAC Meeting: January 31, 2026, 9 a.m.–12 p.m.
- Mayor's Youth Empowerment Meeting: January 15, 2026, 4–5 p.m.
- Feeding Northeast Florida Event: January 11, 2026, 9–11 a.m.

### **3:00–3:15 p.m. — Debrief of Recent Activities**

Members discussed the Supervisor of Elections tour, the DCPS Board Meeting, and the Daniel Kids toy drive.

### **3:15–3:25 p.m. — Mental Health Survey Discussion**

Members continued developing survey questions on stressors, support, and comfort discussing mental health.

### **3:25–3:50 p.m. — Break**

### **3:50–5:00 p.m. — Mental Wellness Workshop**

Speaker: Maia Savage, Here Tomorrow

Covered eight dimensions of wellness, warning signs, stress navigation, protective factors, and resources such as 988 and Here Tomorrow. A QPR demonstration is planned for a future meeting.

### **5:00–5:10 p.m. — Group Photo/Break**

### **5:10–5:25 p.m. — Volunteer Opportunities & DCPS Conference Updates**

Volunteer options discussed: Riverside Arts Market, JHS, Sulzbacher, Boys & Girls Club, STEAM mentorship, Hope's Closet, and local mental health organizations.

Conference updates included logo submissions and upcoming planning steps.

### **5:25–5:30 p.m. — Closing**

Led by Zachary Brown. Meeting adjourned.

### **Next Meeting**

January 31, 2026 — 9:00 a.m. to 12:00 p.m. at the Goodwill Corporate Office.