

**Mayor's Council on Fitness and Well Being**  
**Minutes for August 7, 2019 Meeting**  
*Conference Room 851, 8<sup>th</sup> Floor, Ed Ball Building, 214 N. Hogan St*



**ATTENDANCE: QUORUM OF 7 NOT ACHIEVED**

| Name of Council Member                     | Company / Affiliation                                              | Attended? |
|--------------------------------------------|--------------------------------------------------------------------|-----------|
| <b>Mr. Tim Burrows [CHAIR]</b>             | <b>YMCA of Florida's First Coast</b>                               | Yes       |
| Mr. Bryan Campbell                         | Duval County Medical Society                                       | No        |
| Ms. Nancy Crain                            | Physician's Assistant - Resigned                                   | No        |
| Ms. Heather Crowley (Albritton)            | Duval County School Board                                          | No        |
| Ms. Jackie Culver                          | Marathon High, Inc                                                 | Yes       |
| Mr. Chandler Fussell                       | COJ, OED Sports and Entertainment, City of Jacksonville            | No        |
| Dr. Johnny Gaffney                         | COJ Council Rep, Boards & Commissions Liaison                      | Yes       |
| <b>Dr. Heather Hausenblas [VICE CHAIR]</b> | <b>Jacksonville University</b>                                     | No        |
| Ms. Alicia Hinte                           | UF Health Jacksonville (previously Shands)                         | Yes       |
| Ms. La'Dora Taylor                         | Parks, Recreation & Community Svcs ( <i>Delegate of Director</i> ) | No        |
| Ms. Jennifer Martin                        | US Preventative Medicine                                           | Yes       |
| Mr. Mark Smilek                            | SOFITCO                                                            | Yes       |
| CM Scott Wilson                            | COJ, City Council VP [or designated representative]                | No        |
| Ms. Lauren Tomlinson,                      | COJ, Parks, Recreation & Community Services                        | Yes       |
| <b>Guests</b>                              |                                                                    |           |
| Ms. Charlene Walker                        | Employee Services, City of Jacksonville                            |           |
| Ms. Elizabeth DeWitt                       | FL Beverage Association                                            |           |
| Ms. Nikki Evans                            | City Council                                                       |           |
| Ms. Michelle Baker                         | Marathon High, Inc.                                                |           |
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**PROCEEDINGS:**

**I. Welcome**

**II. Approval of Minutes**

At a Quorum of 7 members was not achieved by attendance the minutes could not be approved.

**III. Virtual Race Events – Marathon High**

Michelle Baker with Marathon High introduced to the group Marathon's Virtual Race which is a fitness program where the students can get quality miles. They can participate as a team or get others to walk/run with them. They then have 10 days to complete the challenge and they choose the distance and put in the miles they want to do in a day. Donations are based on the amount of miles that are chosen to run or walk

**IV. Movement for Change Subcommittee Meeting Recap**

Tim Burrows discussed the recent meeting that was held in July with City Officials to brainstorm to implement the Movement 4 Change. A follow up meeting is scheduled for August 12<sup>th</sup> to discuss how the program can be designed to create an impactful program with partners from JU, UNF and the YMCA to sponsor programs that encourage seniors and others to motivate them to participate. The thought is to start with the Senior Centers and then reach out to others from school aged children, college students and the general population.

**V. 2019-20 Guest Presenter Calendar**

Tim Burrows stated that he would like once again like to have council members bring in guest presenters of the community to bring in their health and wellness programs/ideas.

**VI. Review of Executive Order, Council Positions**

The Executive Order was reviewed with the goal to strive to get everyone in their correct seats. Council will be looking to get an additional council member since the recent resignation of Nancy Crain.

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**VIII. Adjourn**

At 1:30 PM Chair Tim Burrows adjourned the meeting. The next regular meeting of the Mayor's Council on Fitness and Well Being will be held Wednesday, September 4<sup>th</sup> at 12:30pm in Conference Room 851 in the Ed Ball Building at 214 N. Hogan Street.

*Respectfully submitted by Lauren Tomlinson, Recorder*

DRAFT