

## Tomlinson, Lauren

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**To:** Alicia Hinte; 'hhausen@ju.edu'; Gaffney, Johnny; 'Jennifer.martin@inhealthmd.com'; Smilek, Mark; La'dora Taylor; 'Tim Burrows'; 'info@reelstoriesrealpeople.org'; Davlantes, Terri; Ellan Duke (Dr.); Nolan, Laura; Lee, Jacqueline; Marko, Tracy; Mandy Milla (millatimefitness@gmail.com); Redman, Don; Walker, Charlene; Felicia Boyd (fboyd@timucuanparks.org); 'tbrown@tbrownconsultinggrp.com'; 'millerk@duvalschools.org'; Davor Fetahovic; JT Williamson; Sapia, Paul; Elaine Corse; Jackie Culver; Fussell, Chandler; Joseph, Daryl; Kimbleton, Nikki; 'bsawyer@cnfl.wish.org'; 'patrickledy1@gmail.com'; 'Stapleton, Jessica'; 'Merry Kaminsky'; Freeman, Terrance; Ford-Hardin, Gerrie; 'Herring, Adele S.'; 'Watkins, Jacqueline'; 'scheshire@northfloridaahec.org'; Spencer, Lauren; 'Torres, Mary Beth'; 'Vredenburg, Jonathan'; scheshire@northfloridaahec.org; prewitt.karen@yahoo.com; chelsea.reeves@heart.org

**Subject:** February Meeting Minutes

### Attendees (Voting Members):

Jon – UF Health  
Adele – DCPS  
Mary Beth – Baptist  
Chandler – COJ

\*not enough to form a quorum and could not approve minutes; however you sent the past few months so the Council distribution list has them.

### Attendees (Guests):

Tim Burrows - YMCA  
Don – Bicycle/Pedestrian Committee  
Sherri Cheshire – AHEC-Sr. Program Manager ([scheshire@northfloridaahec.org](mailto:scheshire@northfloridaahec.org))  
Karen Prewitt – Family Care Council (Area 4) \*serves on Mayor's Disability Council ([prewitt.karen@yahoo.com](mailto:prewitt.karen@yahoo.com))

### Guest Presenter:

Chelsea Reeves – American Heart Association-Community Outreach Director  
\* (<https://www.goredforwomen.org/en/get-involved/give/wear-red-and-give>)

\*She spoke about community initiatives around nutrition/food insecurity and blood pressure and National Wear Red Day/Heart Health Month

- The group discussed upcoming Community Events / Health Fairs on their radars in the next few months.
- Mary Beth mentioned the Blue Zones and how Jacksonville was being looked at for a potential city <https://www.bluezones.com/activate-jacksonville/>  
\*this could be an idea for more discussion in future meetings of something we may be able to rally behind as a Council, because it encompasses a lot of the great work we're already doing

Regards,

*Lauren Tomlinson*  
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