



Mayor's Council on Fitness and Well Being Notable Events and Achievements

As of Council Meeting April 1, 2015

Send all updates to Robin Mantz – rmantz@coj.net

Notable	Name	Company	Contact Info
<ul style="list-style-type: none"> DCSB has been promoting health in their organization by offering events to their staff such as Health Fairs, Triathlons, Softball Day Tournaments 	Heather Albritton	Duval County School Board	
<ul style="list-style-type: none"> 4/13 @ 12P Fun in the Sun [Jacksonville Baseball Grounds] 4/18 @10A Mayor's Walk for Senior Wellness [Metropolitan Park] 5/13-15/15 @ 9A-3P Senior Expo [Prime Osborn Convention Center] 4/6 @ 9A-1P Healthy Wealthy Senior Living Fair [Wells Fargo Bldg] 	Pat Alexander	Adult Services, City of Jacksonville	Mary Ferrell 630-7392
<ul style="list-style-type: none"> 	Joseph Bergman	COJ, OED Sports and Entertainment	
<ul style="list-style-type: none"> 5/2 Jax Healthy Kids Day [Location TBD] 	Tim Burrows	YMCA of Florida's First Coast	
<ul style="list-style-type: none"> 4/11 Million Pound Challenge Fundraising Mtg with consulting company [Location TBD] DATE? DCMS holding upcoming consensus conference on stroke and stroke prevention procedures to provide consistency across the medical communities [Location TBD] 	Bryan Campbell	Duval County Medical Society	
<ul style="list-style-type: none"> 	Nancy Crain	Baptist Health	
<ul style="list-style-type: none"> VA had a successful Women's Vet Week with over 200 visitors DATE? TPC is holding a Veterans Day 5/4 Jax JROTC will get a visit from the Senior Enlisted Member at The Wall 	George Davis	City of Jacksonville - Military & Veteran's Affairs	
<ul style="list-style-type: none"> 4/16 @ 11AM Get Moving Committee Mtg [Ed Ball 4th FL Conf Rm] 4/23 is an All Day Get Moving Conference [Location TBD] 	Tonisha Landry	Special Events, City of Jacksonville	



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•	Alicia Hinte	UF Health Jacksonville (previously Shands)	
•	Christopher Lalla	Exercise Physiologist	
• 4/17-4/18: Jacksonville Sports Medicine Program Annual Sports Injury Symposium @ Everbank Stadium & Jacksonville University focuses on preventing sudden death in sports	Jim Mackie	Athletic Training & Sports Medicine Services	
<ul style="list-style-type: none"> • The Southside Tennis Courts have all been resurfaced • There is a new 5-mile nature trail in Losco Park • 5 Community Centers have been reopened in high-risk areas with great attendance 	Keith Meyerl	COJ Parks, Recreation and Community Services Department	
• The Healthy Planning Council has a program to ensure over 260 patients with issues such as diabetes who cannot afford healthcare, are receiving treatment in Duval & 4 other counties	Bernadette Overstreet	Healthy Planning Council of Northeast Florida	
• Sofitco has been getting donations of old fitness equipment from companies to donate to the COJ Fire Departments	Mark Owens	Sofitco	
<ul style="list-style-type: none"> • 5/15 is Ride Your Bike to Work Day • May is Ride Your Bike to Work Day 	Honorable R. Don Redman	City of Jacksonville - City Council	
•	Glenn Sebold	American Association of Clinical Endocrinologist	
• 65-70 kids have been processed for Lifeguard jobs and the trainers are on board	Charlene Walker	COJ, Employee Services	
<ul style="list-style-type: none"> • Blackhog has an initiative to help children with nutrition choices • BHF has partnered with Cisco to be the primary source for local produce [400 mile radius of Jax] 	Sharon Watkins	Black Hog Farm	
•	Wendy Jones	City of Jacksonville- Recorder	wendyh@coj.net
•	Robin Mantz	City of Jacksonville – Recorder	rmantz@coj.net 904-255-7907



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<ul style="list-style-type: none"> • 4/8 Florida Blue Diabetes Prevention Lunch n' Learn [Location TBD] • Florida Blue is also open to partner with agencies regarding the Affordable Care Act 	Tanya Craven	Florida Blue Tanya.craven@floridablue.com	
<ul style="list-style-type: none"> • 	Lula Watkins	Black Hog Farm	
<ul style="list-style-type: none"> • 	Zach Rocheleau	Genetic Potential Academy	zach@geneticpotentialacademy.com